

Get Fit Class Schedule - JUNE

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
25		26		27		28		29		30		31	
Schedule is subject to change at anytime.		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		10-11am Full Body Workout (Jamie) 11-12 PM Yoga (Yasha)	
1		2		3		4		5		6		7	
3-4 PM Hula Honey (Margo)		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		10-11am Full Body Workout (Jamie) 11-12 PM Yoga (Yasha)	
8		9		10		11		12		13		14	
3-4 PM Hula Honey (Margo)		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		10-11am Full Body Workout (Jamie) 11-12 PM Yoga (Yasha)	
15		16		17		18		19		20		21	
3-4 PM Hula Honey (Margo)		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		10-11am Full Body Workout (Jamie) 11-12 PM Yoga (Yasha)	
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