

Get Fit Class Schedule - MARCH

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
23		24		25		26		27		28		1	
Schedule is subject to change at anytime.		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		12:00-1:00 PM Yoga (Yasha)	
2		3		4		5		6		7		8	
3-4 PM Hula Honey (Margo)		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		12:00-1:00 PM Yoga (Yasha)	
9		10		11		12		13		14		15	
3-4 PM Hula Honey (Margo)		9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (China)		9-10 AM Strong Nation (Suri)		9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)		9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)		9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)		11-12 PM Yoga (Yasha)	
16		17		18		19		20		21		22	
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