

Get Fit Class Schedule - JUNE

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
26	Schedule is subject to change at anytime.	27	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	28	9-10 AM Strong Nation (Suri)	29	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	30	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Katie)	31	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	1	11:00-12:00 Move w/ China 12:00-1:00 PM Yoga (Yasha)
2		3-4 PM Hula Honey (Margo)	3	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	4	9-10 AM Strong Nation (Suri)	5	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	6	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	7	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	8
9	3-4 PM Hula Honey (Margo)	10	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	11	9-10 AM Strong Nation (Suri)	12	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	13	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	14	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	15	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
16	3-4 PM Hula Honey (Margo)	17	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Paige)	18	9-10 AM Strong Nation (Suri)	19	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	20	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	21	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	22	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
23	3-4 PM Hula Honey (Margo)	24	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Paige)	25	9-10 AM Strong Nation (Suri)	26	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	27	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	28	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	29	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)