

# Get Fit Class Schedule - APRIL

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
31	Schedule is subject to change at anytime.	1	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	2	9-10 AM Strong Nation (Suri)	3	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	4	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Katie)	5	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	6	11:00-12:00 Move w/ China 12:00-1:00 PM Yoga (Yasha)
7		8	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	9	9-10 AM Strong Nation (Suri)	10	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	11	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	12	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	13	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
14	15	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	16	9-10 AM Strong Nation (Suri)	17	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	18	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	19	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	20	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)	
21	22	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Paige)	23	9-10 AM Strong Nation (Suri)	24	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	25	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	26	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	27	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)	
28	29	9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Paige)	30	9-10 AM Strong Nation (Suri)	1	9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	2	9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	3	9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	4	11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)	