

Get Fit Class Schedule - MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 1-2 PM Aqua Fit (Tammy) Schedule is subject to change at anytime.	26 9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	27 9-10 AM Strong Nation (Suri)	28 9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	29 9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Katie)	1 9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	2 11:00-12:00 Move w/ China 12:00-1:00 PM Yoga (Yasha)
3 1-2 PM Aqua Fit (Tammy)	4 9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	5 9-10 AM Strong Nation (Suri)	6 9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	7 9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	8 9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	9 11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
10 1-2 PM Aqua Fit (Tammy)	11 9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Katie)	12 9-10 AM Strong Nation (Suri)	13 9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	14 9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	15 9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	16 11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
17 1-2 PM Aqua Fit (Tammy)	18 9-10 AM Zumba 12-1 PM Silver Sneakers (Yasha) 6-7 PM Full Body Blast (Paige)	19 9-10 AM Strong Nation (Suri)	20 9-10 AM Zumba Toning (Suri) 12-1 PM Silver Sneakers (Yasha)	21 9-10 AM Strong Nation (Suri) 6-7 PM Full Body Blast (Paige)	22 9-10 AM Aerobic Dance (Suri) 12-1 PM Silver Sneakers (Yasha)	23 11:00-12:00am Move w/ China 12:00-1:00 PM Yoga (Yasha)
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